

## **Encouragement Features:**

- Belief in self and abilities.
- Development of self esteem.
- Share and agree on family meetings, family values, family brands.
- Demonstrate equality.
- Look at self worth.
- Stress their importance.
- Accept children as they are.
- Encourage in the light of what is socially acceptable.
- Utilize child's interest to energize progress.
- Focus and build on strengths and assets.
- Show recognition for a job well done.
- Courage to be imperfect.
- Stimulation of values feelings and belonging.
- It is alright to try, failure is not fatal.
- Guarantee certain rights and privileges.
- Be pleased with reasonable attempt.
- Show confidence in the ability to become competent.
- Provide opportunities for successful achievement.
- Serve and become social equals.
- Creative –trying to find a space.

- Usefulness to society.
- Foster independence with respect to self and others.
- Instill feeling of hopefulness.
- I am good enough as I am.
- Build confidence in self.
- Tone of voice; respect.
- Discuss deed not doer.
- Didn't work out this time—there is always another.
- Avoid discouragement—overprotection.
- Bruised knees would mend vs. bruised courage.
- Give space and opportunities to grow.
- Mistakes understood—child still valued.
- Encourage independence.
- Sense of accomplishment—self sufficiency, joy.
- Happiness comes from within.
- Their contribution, recognition, acceptability.
- No put downs nor criticisms— tone of voice.
- Recognize small improvements.