

ADLER PROFESSIONAL SCHOOL

NEW COURSE

COUPLES THERAPY: ASSESSMENT AND TREATMENT

WWW.ADLER.CA



This course, taught by Marion Balla and Susan Prosser experienced therapists from the Adlerian Counselling and Consulting Group in Ottawa, will give you powerful tools for working with couples. The Adlerian approach is holistic and offers a solid framework from which to work effectively with couples, helping them to see what is at the root of the patterns that are causing distress and moving them into making the necessary changes.

You will learn the Adlerian approach to:

- the therapeutic process, including purpose and goals.
- using assessment tools for understanding exactly what is going on in the relationship,
- understanding relationship issues and the myriad of influences that interfere with intimacy,
- assessment of the roots of the patterns that are causing relational problems.
- moving therapeutic discoveries into opportunities for adaptation and redirection of behaviors
- Therapeutic interventions
- How to assign homework,
- Ongoing assessment, evaluation, process challenges
- Termination of Therapy

Marion Balla M.Ed., M.S.W., R.S.W. is the founder and President of The Adlerian Counselling and Consulting Group, Inc. in Ottawa, Ontario, Canada where she offers individual, couple and family therapy. She has supervised clinicians for over 35 years and teaches theory and practice nationally and internationally where she has achieved recognition as a clinician, educator and leader in mental health.

Susan Prosser, R.N., B.Sc.N, M.A. is a Senior Associate at the Adlerian Counselling and Consulting Group in Ottawa where she works with individuals, couples and families as a counselor and psychotherapist. Her background as a nurse and nurse educator give her a broad and deep foundation for her holistic approach. Susan has been practicing for over 30 years.

REGISTER for our 2013 SESSION at studentservices@adlearn.net

Dates: March 1 & 2, 2013
Time: 9:00 am to 5:00pm ET
Investment: \$300.00

