

ONTARIO SOCIETY OF ADLERIAN PSYCHOLOGY

4th Annual Conference

Strengthening Loving Relationships

October 17, 18 and 19, 2014

Chinese Cultural Centre of Greater Toronto ~ Toronto, Ontario

FRIDAY (5:00PM - 9:00PM)

Family Education Forum

Loving and Respectful Parenting

Adler gave us a theory that is extremely valuable in understanding human behavior, and Rudolf Dreikurs developed many applications of that theory that apply to individuals, families, and couples. This evening we will explore the "Six Pieces of the Parenting Puzzle" that supply answers to the concerns parents present to counselors.

SATURDAY (8:00AM - 4:00PM)

Keynote Address and Presentations

Envy - The Enemy of Intimacy

Adler spoke of the damage caused by feelings of inferiority. Almost everyone has experienced a mild wish for something someone else has that might be labeled as jealousy. Envy is beyond jealousy, a stronger resentment for what another has. This presentation will explore those feelings and present a demonstration with a couple that describes the path that envy takes.

SUNDAY (10:00AM - 4:30PM)

Full Day Workshop

We Were Made to Love and Be Loved

Love is a task for two. Love is a feeling of belongingness and is characterized by the extent of social feelings in the relationship. According to Adler, "Love is the basis of all our culture, and without it our present civilization would collapse." Let's see if we can agree on what an intimate relationship must have in order to be successful, even though it is the most difficult relationship to achieve in a cooperative, responsible, loving way.

Keynote Speaker for the Weekend

DR. BETTY LOU BETTNER

Dr. Bettner has been in private practice for over 30 years working with individuals, couples, teenagers, children, social workers, educators, counselors and therapists.

Dr. Bettner has given talks, courses, and workshops for thousands of professionals, parent groups, educational in-service training, couples, and the workplace. She trains

graduate students to facilitate parent education groups in schools and communities, as well as advanced in Adlerian psychology.

Dr. Bettner was the Director of the Family Education Center for the Springfield School District in Springfield, PA for 25 years. She developed and taught parenting programs for Community College of Philadelphia, Neumann University, and Holy Family University.

Dr. Bettner's presentations in clinical, couple, parent, and teacher lectures, courses, and workshops have taken her throughout the Canada, Europe and the United States. She is a contributing Column Editor for the Journal of Individual Psychology (1999 to present), and she has served on the staff of the International Committee of Adlerian Summer Schools and Institutes since 1990.



This conference is for anyone who wants to strengthen their relationships, counsellors, psychotherapists, marriage and family therapists, psychologists, social workers, students, child and youth counsellors, parent educators, parents, couples, families, teachers, and anyone interested in the Adlerian psychology of Alfred Adler.

**Annual General Meeting
Saturday, October 18th at 4:00PM**

**Online Registration Opens July 15, 2014
JOIN US AT THE ONSAP CONFERENCE**