

Ontario Society of Adlerian Psychology Conference Workshop

Celebrating Personal and Professional Diversity



with Wes Wingett, Ph.D.
Sunday, October 18, 2015
9:30AM - 4:30PM

Holland Bloorview Kids Rehabilitation Hospital
150 Kilgour Road, Toronto, Ontario

Each of us brings our own biases and worldview into the therapy room. This workshop will explore the issues of working with individuals, families, couples and groups and how therapist's personal biases and prejudices can impact the therapeutic relationship. The presenter will interview volunteers from the audience and discuss the importance of developing personal and professional awareness and understanding to assist in creating a sense of empathy with clients from diverse backgrounds.

Learning Objectives

Identify ways that all of us are diverse as individuals.

Discover the decisions that we have made based on our diversity.

Identify and Define Alfred Adler's five approaches to understanding self and others.

Create counselling strategies that recognize and validate the diversity of the clients.



WHO SHOULD ATTEND?

Psychotherapists, Counsellors, Marriage and Family Therapists, Psychologists, Social Workers, Students

Dr. Wingett has been a counsellor in private practice in Norfolk East since 1978. He has been employed as a counsellor in a mental health centre, a university program development specialist, elementary school administrator and a junior high and secondary school counsellor and teacher. Dr. Wingett's private practice focuses on individual, couples, and family counselling; consultation to educational institutions and business enterprises; and presenting Adlerian training in a variety of venues.



This didactic and experiential workshop will focus on the application of the Individual Psychology of Alfred Adler to diversity. Diversity will be addressed from a personal perspective and a professional level. Practical strategies for applying Adlerian theory to practical professional situations will be defined and demonstrated. Emphasis will be on the utilization of personal diversity of self and others to increase self-esteem and community awareness and action.

A G E N D A	8:45am - 9:15am	Registration and Breakfast	12:30pm - 1:30pm	Lunch
	9:15am - 9:30am	Welcome and Announcements	1:30pm - 2:45pm	How can we understand ourselves?
	9:30am - 10:45am	How are we diverse?	2:45pm - 3:00pm	Break
	10:45am - 11:00am	Break	3:00pm - 4:30pm	How can we help others?
	11:00am - 12:30pm	What have we decided about our diversity?		

Register Early, by October 2, to Save

www.adlerontario.ca

info@adlerontario.ca

Registration Form ~ Save a Stamp, Register Online

We invite you to become a member in order to receive the member discount. Regular \$25 / Student \$15

Today's Date: _____ Member Non-Member First-Time Attendee

Name: _____

Organization/Employer: _____

Job Title/Position: _____

Address: _____

City: _____ Province: _____

Postal Code: _____ Telephone: _____

E-Mail: _____

I heard about the conference from: ONSAP Email ONSAP Website CCPA OSP
 OACCPP OAMFT OPA Dalton Associates Colleagues Friend Family
 Other _____

Meals: Vegetarian Gluten Free

Keep me informed by email about ONSAP events

*Early registration must be post-marked by
Wednesday, September 30, 2015*

	Early Bird (by Oct. 2)	Regular (as of Oct. 3)
General Members	<input type="checkbox"/> \$80	<input type="checkbox"/> \$95
Non-Members	<input type="checkbox"/> \$110	<input type="checkbox"/> \$130
Student Members (Full-Time Students)**	<input type="checkbox"/> \$65	<input type="checkbox"/> \$80
Student Non-Members (Full-Time Students)**	<input type="checkbox"/> \$90	<input type="checkbox"/> \$105
General Members (Seniors, age 65 and older)**	<input type="checkbox"/> \$65	<input type="checkbox"/> \$80
Non-Members (Seniors, age 65 and older)**	<input type="checkbox"/> \$90	<input type="checkbox"/> \$105
Continuing Education Credits	<input type="checkbox"/> Member (\$5) <input type="checkbox"/> Non-Member (\$15)	

***A copy of a valid school or senior's ID MUST be presented by students and seniors when checking in and registering on the day of the conference and workshop to confirm eligibility for the discount. If you do not have ID, you will be asked to pay the full price.*

Ways to Register

Online

www.adlerontario.ca (credit card only)

Mail

Ontario Society of Adlerian Psychology
c/o Charmaine McIntosh, 60 Gillingham Drive,
Suite 402, Brampton, Ontario L6X 0Z9

Attention: A registration confirmation will be sent via email to anyone who provides an email address, please print clearly. This confirmation is your receipt/invoice. No other form of confirmation will be sent. The workshop fees include a light breakfast and lunch.

SAVINGS ... SAVINGS ... SAVINGS!

Save by Becoming a Member First

If you become a member of ONSAP first before registering for the conference, you can get significant savings on your conference registration fees. **JOIN NOW** to take advantage of the savings.

Accessibility for Ontarians with Disabilities Act (AODA) - Support Persons

The Ontario Society of Adlerian Psychology strives to create a barrier free environment for our events, to all persons; therefore, we welcome support persons accompanying individuals with disabilities. Any individual attending a conference or workshop, organized by ONSAP, will not be asked to pay a fee for the support person accompanying them.

PAYMENT Register online and use our secure checkout via PayPal

Payment can be made by cheque or credit card and must accompany the registration form. Cheques to be made payable to The Ontario Society of Adlerian Psychology. **Post-dated cheques are not acceptable for early registration.**

Cheque Visa Mastercard American Express

Name on Card: _____

Credit Card No: _____

Expiry Date: _____ Secure Code: _____ Amount: _____

Signature: _____

CONTACT INFORMATION

For questions regarding the conference, registration, to be part of the book table or other matters, please contact Charmaine McIntosh (Vice President and Conference Co-Chair) at info@adlerontario.ca. For more information on the conference, please visit our [website](http://www.adlerontario.ca).



[Register Now
Online](#)

CANCELLATION POLICY

Your cancellation must be received by Friday, October 2, 2015. Your registration fee will be refunded (less \$25 administrative fee), if cancellation is made in writing to (info@adlerontario.ca) by Saturday, October 3, 2015, and registration can be transferred to another attendee. Please contact ONSAP, if you need to transfer your registration, to provide the name of the alternate, by Sunday, October 11, 2015, so that we may correct our records and minimize confusion at check in. **Between Saturday, October 3, 2015 and the conference date, NO REFUNDS will be granted for withdrawals or if you register and do not attend.** You may elect to receive a credit which can be applied to a future event of the same value, used within one year of the date of issue.