

ONTARIO SOCIETY OF ADLERIAN PSYCHOLOGY

# TELECONFERENCE

Thursday, November 20, 2014

## Understanding and Encouraging Teens: Insights and Interventions for Professionals Serving Adolescents (and their Parents)

In this teleconference, veteran therapist and Positive Discipline co-founder Lynn Lott will help fellow therapists, parent educators, educators and coaches solve the mysteries of today's adolescent. Lynn will help participants appreciate the reality of today's teen and provide attendees with insights and strategies to better serve them.

Lynn's dynamic presentation will involve education as well as involvement. Ask questions, problem-solve and role-play in this interactive session.

### Learning Objectives:

- Learn how to increase family harmony, help parents communicate more effectively and win cooperation more fully.
- Master techniques that will help teen clients feel empowered and encouraged.
- Help today's teens feel more confident and connected—to their parents, their peers and their community.

### Who should attend:

Therapists, school counsellors, parent educators, educators, coaches.

Whether you are a parent of a teen, a therapist of a teen, or an educator of parents of teens, this is 90 minutes you won't want to miss.

**Date:** Thursday, November 20, 2014

**Time:** 7:00 PM - 8:30 PM EST

**Cost:** Members: \$15

Non-Members: \$20

Note: Participants may have to pay for long-distance charges for the Teleconference.

If you have any questions, please contact the EPDC at [onsap.epdc@gmail.com](mailto:onsap.epdc@gmail.com)



**Lynn Lott** works as an individual, couples & family therapist in private practice and is a Diplomate of Adlerian Psychology, speaker and author. With help from Skype, she "sees" clients around the globe as well as locally. She has traveled across the nation presenting lectures and workshops. People enjoy her lively, interactive, informative, thought-provoking and useful presentations. She and Jane Nelsen are co-founders of the Positive Discipline Association, have co-authored Positive Discipline books, the Teaching Parenting Manual, and numerous products that have helped spread Positive Discipline around the world.

Please feel free to learn more about Lynn or connect with her at:

[www.lynnlott.com](http://www.lynnlott.com)

[www.lynnlottblogspot.com](http://www.lynnlottblogspot.com)

### To Register:

1. Go to [www.adlerontario.ca](http://www.adlerontario.ca)
2. Click on Events at the top of the home page and then go to Current Events and follow the steps to purchase your ticket through Eventbrite.

*The ONSAP Education and Professional Development Committee provides educational, professional development and networking opportunities related to Adlerian Theory and Practice.*