



This workshop presents practical and applied strategies for treating individuals with drugs, alcohol, gambling, food and internet addictions.

This didactic and experiential course will focus on an Adlerian approach to addictions. This course is designed for any individuals who have been affected by or who are interested in addictions and the impact of addictions on families or work with addictions in their profession.

Topics to be addressed include definition and kinds of addictions; challenges of addictions and those affected by addictions; identification of the addicted, the affected and the resilient; movement from dis-ease to ease, dis-order to order, dys-function to function, dis-ability to ability; treatment strategies for the addicted and the affected, and prevention of generational addictions. All of the topics will be from an Adlerian theoretical perspective.

Attend this workshop and you will:

- **LEARN** the basic tenets of Adlerian Psychology
- **IDENTIFY** two kinds of addictions
- **RECOGNIZE** personal perceptions of individuals who are addicted and individuals who are affected by addictions
- **COMPREHEND** the movement of individuals from dis-order to order, dys-function to function and dis-ability to ability
- **APPLY** the strategies of therapeutic encouragement

WHO SHOULD ATTEND: School Administrators, Mental Health Professionals Including Addictions Counsellors, School Counsellors, Psychotherapists, Child And Youth Counsellors, Social Workers, Family Therapists, Psychiatric And Community Health Nurses, Psychologists, Psychiatrists, Classroom Teachers, Students

TORONTO - SUNDAY, OCTOBER 21, 2012

Holland Bloorview Kids Rehabilitation Hospital ~ 150 Kilgour Road

ABOUT YOUR PRESENTER

Wes Wingett, PhD, LMHP has been a counsellor in private practice in Norfolk, NE since 1978. Prior to entering private practice, Dr. Wingett had been employed as a counsellor in a mental health center, a university program development specialist, elementary school administrator and a junior high and secondary school counsellor and teacher. Dr. Wingett received his bachelor's degree from Wayne State College, Wayne, Nebraska and his masters and doctorate in guidance and counsellor education from the University of Wyoming. Additional graduate study was completed at the University of Vermont and the University of Northern Colorado.



Dr. Wingett's private practice focuses on providing individual, couple, and family counselling; consultation to educational institutions and business enterprises; and presenting Adlerian training in variety of venues. Dr. Wingett has served as a consultant in the areas of early childhood education, time and stress management, domestic violence, drug and alcohol prevention and treatment, health care and wellness, adult-child relationships and training of professional counsellors. He has provided management training and personnel consultation to various institutions, agencies and industries. In addition, Dr. Wingett is an adjunct faculty member at Wayne State College in Nebraska and Shippensburg University in Pennsylvania where he teaches Adlerian based courses to educators and mental health professionals. He has conducted workshops based on the Individual Psychology of Alfred Adler in 18 states in the United States, Puerto Rico, three provinces in Canada and several countries in Europe including Germany, Hungary, Malta, the Netherlands, Ireland, Romania, Turkey and in Asia.

Dr. Wingett's primary interests include applying Adlerian principles to the study of addictions, education, families, individual and couple counselling, loss and healing, psycho-educational and therapeutic groups, and stress management. A student and teacher of Adlerian psychology for more than forty years, Dr. Wingett has been named a Diplomat in Adlerian Psychology by the North American Society of Adlerian Psychology. In addition, he has co-authored several articles that have been published in professional journals, co-authored several chapters in books, and self-published five workbooks focusing on the application of Adlerian psychology to various challenges of living.

WORKSHOP AGENDA - KEY TOPICS COVERED

8:15AM - REGISTRATION AND BREAKFAST

SESSION 1

9:00AM - 10:30AM

- Introduction of presenter
- Adlerian theory
- Personal perceptions of addictions and those affected by addiction
- Definition of addictions
- Kinds of addictions
- Identification of the addicted, the affected, and the resilient

10:30AM - 10:45AM BREAK

SESSION 2

10:45AM - 12:15PM

- Perception of the addicted, the affected and the resilient
- Adlerian theory and the addicted, the affected, and the resilient
- Disease or dis-ease
- Motivational interviewing
- Components of "order" in society
- Movement from dis-order to order

12:15PM - 1:15PM LUNCH

REGISTER HERE

SESSION 3

1:15PM - 2:45PM

- Components of "function" in society
- Movement from dys-function to function
- Components of "ability" in society
- Movement from dis-ability to ability

2:45PM - 3:00PM BREAK

SESSION 4

3:00PM - 4:30PM

- Treatment strategies for the addicted
- Treatment strategies for the affected
- Therapeutic encouragement
- Prevention strategies
- Summary, conclusion and recommendations

REGISTRATION - PLEASE PRINT CLEARLY

THREE WAYS TO REGISTER

- ONLINE** Register online at <http://onsap.eventbrite.ca> (We use the secure PayPal payment system.)
- FAX** Fax your completed registration form to 905-216-4860
- MAIL** Mail your completed registration form and cheque to Adlerians in Ontario; c/o Charmaine McIntosh, 1B Conestoga Drive, Suite 300, Brampton, Ontario L6Z 4N5

ABOUT YOU - PLEASE PRINT

Name: _____

Address: _____

City: _____ Province: _____

Postal Code: _____ Telephone: _____

E-Mail: _____

Job Title/Position: _____

Organization/Employer: _____

VEGETARIAN LUNCH

PAYMENT

Payment can be made by cheque, credit card or e-transfer and must accompany the registration form. Registration by fax accepted with credit card payment only. Cheques to be made payable to Adlerians in Ontario. **Post-dated cheques are not acceptable for early registration.**

Cheque Visa Mastercard American Express e-Transfer

Card No: _____

Name on Card: _____

Expiry Date: _____ Cheque No.: _____

Signature: _____

DO NOT fax credit card information. Please call Charmaine at 905-216-4820 to provide this information.

**For e-transfer payments, please send notification of the e-transfer to the treasurer at treasurer@adlerontario.ca. Please note that you will need to provide the treasurer with a password for her to be able to process the e-transfer. Please send the password in a separate e-mail.

**Registration includes breakfast, lunch and breaks.

You will receive a registration confirmation by e-mail.

REFUND AND CANCELLATION POLICY

Should you require to cancel your registration, you must do so in writing by e-mail to info@adlerontario.ca or via fax at 905-216-4860. Your cancellation must be received by October 4, 2012. Your registration will be refunded (less \$25 administrative fee). Between October 5, 2012 and the workshop date, **NO REFUNDS** will be granted for withdrawals. You may elect to receive a credit which can be applied to a future workshop of the same value, used within one year of date of issue.

Substitution Policy

If you are unable to attend, you are invited to send an alternate in your place, at no extra cost. Please notify us of the name of the alternate by October 15, 2012, so that we may correct our records and minimize confusion at check in.

We regret that a refund or credit cannot be offered if your cancellation is not received by October 4, 2012.

Accessibility Standards for Customer Service (AODA) - Support Persons: The Ontario Society of Adlerian Psychology strives to create a barrier free environment, for our events, to all persons; therefore, we welcome support persons accompanying individuals with disabilities. Any individual attending a conference or workshop, organized by ONSAP, will not be asked to pay a fee for the support person accompanying them.

(Early registration must be post-marked by September 29, 2012)

	Early (by Sept. 29)	Regular (after Sept. 29)
Members	\$50	\$65
Non-Members	\$60	\$75
Students/Seniors**	\$30	

A copy of a valid school and senior's ID **MUST be presented by students and seniors when checking in or registering on the day of the workshop, in order to confirm eligibility for the discount.

REGISTER HERE

Note: The Ontario Society of Adlerian Psychology is not responsible for any presenter's or participant's statements, acts, materials, or omissions. The use of audio and video taping devices, beepers, and cell phones is not permitted at any workshop. Children and unregistered guests are not permitted in the meeting rooms. Seats cannot be shared between individuals.

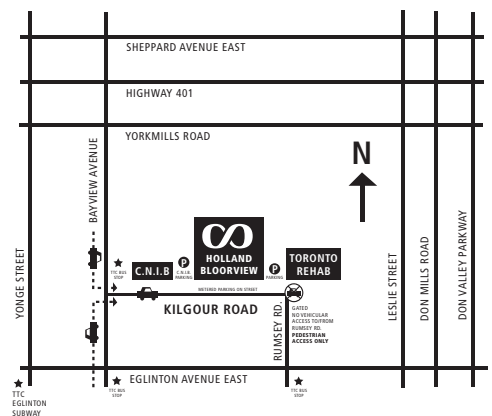
CONTACT INFORMATION

For questions regarding the workshop and registration please contact Charmaine McIntosh at info@adlerontario.ca.

For more information on the workshop, please visit our [website](http://www.adlerontario.ca).

MAP TO HOLLAND BLOORVIEW KIDS REHABILITATION HOSPITAL

150 Kilgour Road, Toronto ON M4G 1R8 TEL: 416-425-6220
www.hollandbloorview.ca



- Vehicular access to the building is along Kilgour Road off of Bayview Avenue.
- There is NO vehicular access off of Rumsey Road - ONLY pedestrian.
- Limited metered parking is available.
- Pedestrian access is available from Rumsey Road and from Bayview Avenue.
- TTC buses stop on Eglinton at both Bayview Avenue and Rumsey Road.

Holland Bloorview
Kids Rehabilitation Hospital